Distal Tibial Growth Plate

Distal Tibial Growth Plate Closure-

- closes over about 18 months
- 12-17 years of age females
- 15-20 years of age males

Physeal closure process

*Source - Rockwood and Wilkins Textbook

- (1st) Centrally
- (2nd) Medially
- (3rd) Posterolateral
- (4th) Anterolateral (last to close)
- The pattern of physeal closure explains transitional fracture patterns
 - Juvenile Tillaux Fracture
 - Salter-Harris III fracture pattern
 - Anterolateral aspect of the tibia last to close
 - Triplane Fracture
 - Appears like a Salter-harris III on AP radiograph
 - Appears like a Salter-harris IV on lateral radiograph



