Merkel Cell Carcinoma

• Definition

· Rare, aggressive cutaneous malignancy with high risk for metastases

Epidemiology

- Light skin color
- Older demographic
- Males > females
- More frequently seen in immunosuppressed patients

Pathogenesis

- Merkel cells located in the epidermis
- Exposure to UV radiation plays a role in the etiology of MCC

Clinical Features

o rapidly growing, firm, non-tender, shiny, flesh-colored or blue/red nodule (1-2 cm in size)

Diagnosis

- Lesion features can be remembered by the acronym AEIOU
 - A- asymptomatic
 - E- Expanding rapidly
 - I- Immune suppression
 - O- Older demographic (> 50 years of age)
 - U- UV-exposed skin
- Diagnosis confirmed by biopsy / histopathological analysis
- **Treatment** -- Staging work-up of the primary tumor, lymph nodes, and distant metastasis